

Discharge Instructions

Sleeve Gastrectomy

1. Your incision is sutured with absorbable stitches that do not need to be removed and are covered with medical glue. You may shower over the incisions. No wound care needed.
2. You will receive a prescription for pain medication that you may take as often as every four (4) hours. **Do not drive** while taking pain medication. Side effects of taking the pain medication include constipation and drowsiness.
3. **DIET:** Liquids only for 3 weeks. Follow post op diet instruction sheet.
4. Call (214) 823-2650 to make an office appointment for 2 weeks; sooner (less than 1 week) if drain in place.
5. If you have a drain in place, the nursing staff will instruct you on its care before discharge.
6. You may shower with the drain in place.
7. Cover the drain tube at the skin site with antibiotic ointment and clean dressing every day (especially after a shower).
8. Take a fiber laxative, dissolved in liquid, daily, until bowel movements are normal.
9. Activity – No strenuous physical activity for 2 weeks. May work and drive when you feel ready – usually in 3-5 days.