

DISCHARGE INSTRUCTIONS
NERVE/MUSCLE BIOPSY

1. The incision is sutured with absorbable sutures that are not removed, and covered with medical glue. You may get the incision wet on the day following surgery and it requires no special wound care.
2. Any diet you wish.
3. You will receive a prescription for pain medication. You may also take anti-inflammatory agents such as Advil or Aleve in addition to or instead of the prescription pain medication. You may resume normal activity as tolerated once the area feels comfortable. This usually takes at least a few days.
4. Wear an ace wrap for 1-2 weeks around the operated extremity.
5. Call the office to make an appointment for a follow-up visit in approximately **two** weeks.